



**Shabbat, 13th November 2021 / 9th Kislev 5782
Vayeitzei / Joel Cohen Barmitzvah**

Service Times

Friday night service	4pm
Candle lighting for Friday night	4.01 pm
Shacharit	9.30 am
Mincha follows kiddush	after 12.10 pm
No Ma'ariv Service	
Shabbat Ends	5.04 pm
Next Week: Mincha followed by Kabbalat Shabbat at 3.50pm . (candle lighting at 3.51pm)	

Booking is now open for [Kabbalat Shabbat](#) on **Friday, 19th November at 3.50pm** and for [Shabbat Vayishlach](#) on **20th November at 9.30am**.

Bookings will close at 6pm on Wednesday, 17th November.

We are open for Shacharit services, On **Sunday at 8.15am, Monday & Thursday at 7.05am, Tuesday, Wednesday and Friday at 7.15am.**

We are open for **Ma'ariv** on **Monday - Thursday at 7.30pm.**

To book your place please **e-mail** or call Robin on 07956 617669.

Louise & Alan Malina (40th) and Lisa & Elliot Woolf (25th) on their respective wedding anniversaries.

Arnold Abrahams, Joel Cohen, Wendy Coleman, Morris Conway, Annie Goldman, Saul Freedman, Alison Hilton, Morris Huberman, Danielle Krist, Sheila Leaderman, Allison Mednick, Arnold Rose, Irving Rozansky, Hannah Stern and Valerie West on their respective birthdays.



Torah Reading

Leyning: Vayeitzei
Sefer Bereishit: 28:10-32:3
Artscroll p 144, Soncino/Cohen p 164, Hertz p 106
Haftorah: Hosea 12:13 - 14:10
Artscroll p 1140, Soncino/Cohen p 188, Hertz p 118

Rabbi Steven Dansky

Harold Marco

We wish a hearty Mazeltov to Harvey, Nicola and Jenna Cohen and to Barbara Cohen on the occasion of Joel's Barmitzvah today.

Children's Service: 10.30am

Regular Weekday Services in the Main Synagogue

Shacharit: Sunday & Public Holidays – 8.15am

Shacharit: Monday and Thursday at 7.05am

Tuesday, Wednesday, and Friday at 7.15am

Rosh Chodesh Shacharit: Monday to Friday at 7am; Sunday at 8am

Ma'ariv: Monday, Tuesday, Wednesday & Thursday at 7.30pm.

Dates for the Diary

Covid still remains a Major Health Risk

November

Monday 15th *Men's Virtual Happy Hour*
Tuesday 16th *Coffee & Chat with Rev Newman*
Wednesday 17th *Rabbi Shiur @ 10am*
Thursday 18th *Ladies Tea & Chat*
Sunday 21st *Mitzvah Day*
AJEX Remembrance Sunday
Monday 22nd *Men's Virtual Happy Hour*
Tuesday 23rd *Coffee & Chat with Rev Newman*
Music Extravaganza @ 8pm
Wednesday 24th *Rabbi Shiur @ 10am*
Shabbat 27th *Mevarachim HaChodesh*
Sunday 28th *Chanukah Glow in the Dark Disco*
1st Chanukah Light
Monday 29th *Men's Virtual Happy Hour*
2nd Chanukah Light
Tuesday 30th *Coffee & Chat with Rev Newman*
3rd Chanukah Light

December

Wednesday 1st *Rabbi Shiur @ 10am*
4th Chanukah Light

MASKS MUST BE WORN WHILST IN SHUL

SANITISE YOUR HANDS FREQUENTLY

PLEASE LEAVE 1 SEAT BETWEEN EACH PERSON

- **Keep building well ventilated even in winter**
- **Avoid hand shaking or contact greeting**
- **Cloakrooms remain closed, keep belongings with you**
- **Ladies Exit and Enter using main stairs keep left**

For Security, please vacate forecourt as soon as possible.

Stay Safe

We wish Long Life to everyone who is observing a Yahrzeit this week:

Arnold Abrahams, Lynda Benisty, Jonathan Benton, Shirley Benton, Barry Berg, Cynthia Berman, Michael Bien, Millicent Boxer, Mitchell Brent, Estelle Carson, Sarah Cohen, Jacquelyn Conner, Natalie Conroy, Freda De Leeuw, Simon Devan, Colin Emden, Sonny Finberg, Sidney Frenkel, Adrienne Frenkel, Patricia Gedalla, Harvey Golding, Alma Goodman, Brian Gordon, John Gordon, Miriam Granby, Pamela Grant, Maurice Herman, Sylvia Jay, Rosalind Jessener, Howard Johnstone, Sandra Kisby, Philippa Land, Harry Lefcovitch, Barbara Lennard, Mark Lennard, Edward Leon, Emanuel Levene, Hetty Liborwich, Jean Lowi, Mervyn Lyndon, Debra Mandel, Sara Mandel, Monica Mann, Evelyn Masters, Michael Monty, Phyllis Morgan, Maurice Nieberg, Jason Palmer, Leslie Palmer, Stephanie Plawner, Ruth Salahi, Anne Schlesinger, Alan Scott, Michael Seigar, Alan Shone, Alan Silverman, Rita Stedman, Simon Stern, Cyril Stoller, Barbara Swillman, Marcia Tomas, Valerie West, Sally Winstock, Jeffrey Wiseman and Martin Worth.

CHANUKAH PAINTING EVENING

Led by art coach Marian Myers

Thursday, December 2
8pm - 9.30pm in the Mark Lewis Hall

ENJOY A NIGHT OUT WITH YOUR PARTNER, FRIENDS OR FAMILY PAINTING THIS BEAUTIFUL CHANUKIAH ON CANVAS; YOURS TO KEEP AND DISPLAY!

ALL PAINTS, BRUSHES AND MATERIALS ARE PROVIDED.

£20 PER PERSON

LIGHT REFRESHMENTS INCLUDED



For everyone age 30+ no matter what your painting ability.

Book by Friday, November 26 using the link below

<https://myus.theus.org.uk/events/70389/chanukah-painting-evening/>



OUR COMMUNITY ARE PROUD TO BE SUPPORTING TWO CHARITIES

Mitzvah Day

21st November 2021

Drop your dry non-perishable kosher foods (as per The Really Jewish Food Guide) and wipeable new toys (NOT soft toys or teddies) to the Shul Office during the times below.

MON-THURS 10AM-2PM
FRI 10AM-12PM
OR
SUNDAY 21ST NOVEMBER
10AM- 12PM

Buy One GIFT One

PLEASE PURCHASE EXTRA ITEMS FOR THOSE IN NEED

- Tins
- Pasta
- Consoucs
- Rice
- Pulses
- Toiletries
- Tuna
- Small Cereals
- Spreads
- Crackers
- Tea & Coffee
- Cleaning Products

GIFT supports over 1000 people with weekly support parcels

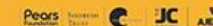
NO PERISHABLE ITEMS THANK YOU FOR YOUR SUPPORT!

www.gift.org

Please help us in supporting GIFT who provide dry, non-perishable, kosher foods in their food banks for people in need. Currently their food stocks are extremely low and they need our help.

If you have any questions, don't hesitate to contact us. We would love to receive as many items as possible.

- 020 8629 2780
- admin@cranbrooksynagogue.org.uk
- cranbrooksynagogue.org.uk
- @CranbrookShul
- Cranbrook United Synagogue



HEROES FLY
HEROES SAVE
HEROES COLLECT TOYS

We are also asking for help to support Camp Simcha who provide new, wipeable toys to seriously ill children in over 120 hospital wards and hospices throughout London, Hertfordshire, Essex and Manchester. They are short of toys which are suitable for babies and also teenagers, so these are particularly appreciated.

CRANBROOK UNITED SYNAGOGUE BRINGS YOU THE

CHANUKAH KIDS DISCO

For Primary School Ages

glow in the dark party!

DJ! FOOD! CANDLE LIGHTING! FUN!

SUNDAY 28TH NOVEMBER | 5.30-8PM
TICKETS £8 (INC LIGHT SUPPER)
TICKETS MUST BE PURCHASED IN ADVANCE
[HTTPS://TINYURL.COM/CHANUKAH-DISCO](https://tinyurl.com/chanukah-disco)



ASK THE RABBI Q&A

Thank you to everyone who came to the last session. It was great to see you and discuss some interesting topics.

Join me in the Mark Lewis Hall
ON WEDNESDAY 15TH DECEMBER AT 8PM
when I'll be answering your questions

- ISRAEL
- JEWISH HISTORY
- FESTIVALS
- SHABBAT
- KASHRUT
- JEWISH CULTURE
- THE ENVIRONMENT
- MARRIAGE



Email your questions on any topic by 8pm on Sunday 12th December to RABBI@CRANBROOKSYNAGOGUE.ORG.UK
I look forward to seeing you!

News and Views

One of the leading ladies in the Torah who has the hardest deal is Leah. The Medrash tells us that she spent her youth crying knowing that she, as the elder daughter of Laban, would marry the elder son of Isaac, Esau, and that her sister Rachel would marry Jacob. Then when Jacob arrives, she is forced by her father to marry him, even though she knows that Rachel is Jacob's one true love.

Jacob blames Leah for agreeing to be switched with her sister. So much so, says Nachmanidies that he was ready to divorce her for tricking him. However, even though she has such sadness, when she has her fourth child, she says: "This time I will thank you". The name of Yehuda comes from the word TODA - saying thank you.



The tractate in Brachos 7B tells us that Leah was the first person ever to say thank you to Hashem. This is a very strange piece of Talmud. What does this mean that she was the first? Surely Abraham and Isaac said thank you to G-d? Surely Adam said thank you to G-d? What makes Leah so incredibly special in her saying thank you? What was unique about her thanks?

Saying thank you comes from a recognition that I am getting something I truly do not deserve. We go through life with a sense of rights - of things that we should have, of the ways that things should go in life, and sometimes we are unpleasantly surprised by what we get, and this can lead to depression and upset. Why is G-d not taking me seriously? Why is G-d not listening to my prayers? Why are things not going the way that I planned?

Nobody could have had this lesson harder than Leah. She tries and tries to escape her destiny of getting married to a man like Esau, who would ensure her a loveless marriage, and she ends up with the right man, but the result is the same - a loveless marriage in which she feels hated.



She keeps having children in the hope that her husband will love her. It would be natural of Leah to think she deserved this fourth son, her pain has earned her this right.

Instead, she does something absolutely amazing. She thanks G-d. She recognises that what she is getting is so much more than she deserves, and she takes nothing for granted. She is able to move away from her personal pain, and focus on the objective granting of something beautiful, something which she can identify as coming from G-d.

This is an amazing lesson for us all. Things that happen in our lives are not a given. When things are bad, we are so quick to say: Where is G-d - why is my Father in heaven not taking care of me? And when we feel some sort of release from that sense of badness, we accept what has happened as being our due, not as coming from the Almighty. Leah bucks this trend. She is able to move away from her own suffering, and her own pain, and says - this is a true gift of G-d.

I wish you all a good Shabbos

Rabbi Steven, Siobhan, Maya, and Talia Dansky.

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