



Shabbat, 20th November 2021 / 16th Kislev 5782
Vayishlach / Ethan Levy Barmitzvah

Service Times

Friday night service	3.50 pm
Candle lighting for Friday night	3.51 pm
Shacharit	9.30 am
Mincha follows kiddush	after 12.10 pm
No Ma'ariv Service	
Shabbat Ends	4.56 pm

Next Week: Mincha followed by Kabbalat Shabbat at **3.40pm**. (candle lighting at 3.44pm)

We wish a hearty Mazeltov to Michelle and Jason Levy, Lesley and Stanley Levy on the occasion of Ethan's Barmitzvah. The community are invited to join the family for kiddush in the Mark Lewis Hall after the service.

Booking is now open for [Kabbalat Shabbat](#) on **Friday, 26th November** at **3.40pm** and for [Shabbat Vayeshev](#) on **27th November** at **9.30am**.

Bookings will close at 6pm on Wednesday, 24th November.

We are open for **Shacharit** services, On **Sunday** at **8.15am**, **Monday & Thursday** at **7.05am**, **Tuesday, Wednesday and Friday** at **7.15am**. **Ma'ariv** on **Monday - Thursday** at **7.30pm**.

To book your place please **e-mail** or call Robin on 07956 617669.

Rose Blitz, Tina Braterman, Mia Cripps, Louis Freedman, Freda Goldstein, Pamela Halawi Andrea Jacobs, Sarah Sackwild, Rita Shaw and Astrid Tartes on their respective birthdays.



Please note the Office will be closed on Friday 19th and Friday 26th November 2021

Torah Reading

Leyning: Vayishlach

Sefer Bereishit: 32:4-36:43

Artscroll p 170, Soncino/Cohen p 195, Hertz p 122

Haftarah: Hosea 11:7 – 12:12

Artscroll p 1139, Soncino/Cohen p 220, Hertz p 135

Rabbi Steven Dansky

Ethan Levy

This week's Cranbrook News is kindly sponsored by Lesley and Stanley Levy in celebration of the Barmitzvah of their grandson Ethan Levy.

Children's Service: 10.30am

Regular Weekday Services in the Main Synagogue

Shacharit: Sunday & Public Holidays – 8.15am

Shacharit: Monday and Thursday at 7.05am

Tuesday, Wednesday, and Friday at 7.15am

Rosh Chodesh Shacharit: Monday to Friday at 7am; Sunday at 8am

Ma'ariv: Monday, Tuesday, Wednesday & Thursday at 7.30pm.

Dates for the Diary

November

Sunday 21 st	<i>Mitzvah Day</i> <i>AJEX Remembrance Sunday</i>
Monday 22 nd	<i>Men's Virtual Happy Hour</i>
Tuesday 23 rd	<i>Coffee & Chat with Rev Newman</i> <i>Music Extravaganza @ 8pm</i>
Wednesday 24 th	<i>Rabbi Shiur @ 10am</i>
Thursday 25 th	<i>Ladies Tea & Chat</i>
Shabbat 27 th	<i>Mevarachim HaChodesh</i>
Sunday 28 th	<i>Chanukah Glow in the Dark Disco</i> <i>1st Chanukah Light</i>
Monday 29 th	<i>Men's Virtual Happy Hour</i> <i>2nd Chanukah Light</i>
Tuesday 30 th	<i>Coffee & Chat with Rev Newman</i> <i>3rd Chanukah Light</i>

December

Wednesday 1 st	<i>Rabbi Shiur @ 10am</i> <i>4th Chanukah Light</i>
Thursday 2 nd	<i>Chanukah Painting Evening</i> <i>5th Chanukah Light</i>
Friday 3 rd	<i>6th Chanukah Light</i>
Shabbat 4 th	<i>Rosh Chodesh Tevet</i> <i>7th Chanukah Light</i>

PUBLIC HEALTH BREIFING 9/11/21 COVID CASES UP TO 2,000 PER WEEK IN REDBRIDGE

MASKS MUST BE WORN WHILST IN SHUL
WASH YOUR HANDS FREQUENTLY
PLEASE LEAVE 1 SEAT BETWEEN EACH PERSON

- Keep building well ventilated even in winter
- Avoid hand shaking or contact greeting
- Cloakrooms remain closed, keep belongings with you
- Ladies Exit and Enter using main stairs keep left

The office must be notified if you have tested positive after a service.

For Security, please vacate forecourt as soon as possible.

Stay Safe

We wish Long Life to everyone who is observing a Yahrzeit this week:

Raymond Benn, Louis Bronzite, Jacqueline Burns, Sylvia Cohen, Neil Curtis, June Davis, Henry Esterson, Mark Finkeltaub, Stephen Freeder, Tatiana Gaufman, Karen Goldberg, Nina Goldberg, Lawrence Green, Sylvia Green, Ernest Green, Alan Greenberg, Maureen Gruskin, Heather Hawkes, Helena Hockley, Rita Isaacs, Renee Jackson, Rosalind Jessener, Maureen Keizner, Lillian Kirsch, Betty Kwintner, Peter Leach, Rita Lebetkin, Rose Levy, Hetty Liborwich, Leslie Linder, Frances Litkin, Jean Lowi, Monica Mann, Brian Marks, Cyril Marks, Linda Martin, Stephen Mendel, Stephen Messias, Rosaline Metzger, Sandra Pearman, Stuart Pessok, Jean Prince, Elaine Reed, Daveena Rogoff, Adele Rose, Simon Rose, Arnold Rose, Richard Rubin, Jacqueline Scott, Rita Shenker, Angela Simmons, Cynthia Simmons, Ruth Springer, Ruth Starr, Rita Stedman, Maureen Summers, Blanche Van Gelder, Frances Wallace, Helen Walters, Ronald Weinberg, Eleanor Weinfass, Helena Weston and Melvyn Zussman.

CHANUKAH PAINTING EVENING

Led by art coach Marian Myers

Thursday, December 2
8pm - 9.30pm in the Mark Lewis Hall

ENJOY A NIGHT OUT WITH YOUR PARTNER, FRIENDS OR FAMILY PAINTING THIS BEAUTIFUL CHANUKIAH ON CANVAS; YOURS TO KEEP AND DISPLAY!

ALL PAINTS, BRUSHES AND MATERIALS ARE PROVIDED.

£20 PER PERSON

LIGHT REFRESHMENTS INCLUDED



For everyone age 30+ no matter what your painting ability.

Book by Friday, November 26 using the link below

<https://myus.theus.org.uk/events/70389/chanukah-painting-evening/>

Mitzvah Day

21st November 2021

Drop your dry non-perishable kosher foods (as per The Really Jewish Food Guide) and wipeable new toys (NOT soft toys or teddies) to the Shul Office during the times below.

MON-THURS 10AM-2PM
FRI 10AM-12PM
OR
SUNDAY 21ST NOVEMBER
10AM- 12PM

Please help us in supporting GIFT who provide dry, non-perishable, kosher foods in their food banks for people in need. Currently their food stocks are extremely low and they need our help.

OUR COMMUNITY ARE PROUD TO BE SUPPORTING TWO CHARITIES

PLEASE PURCHASE EXTRA ITEMS FOR THOSE IN NEED

- Ties
- Pasta
- Concoons
- Rice
- Pulses
- Toiletries
- Tena
- Small Cereals
- Spreads
- Crackers
- Tea & Coffee
- Cleaning Products

GIFT supports over 1000 people with weekly support parcels

NO PERISHABLE ITEMS
THANK YOU FOR YOUR SUPPORT!

www.jgift.org

If you have any questions, don't hesitate to contact us. We would love to receive as many items as possible.

- 020 8629 2780
- admin@cranbrooksynagogue.org.uk
- cranbrooksynagogue.org.uk
- @CranbrookShul
- Cranbrook United Synagogue



HEROES FLY
HEROES SAVE
HEROES COLLECT TOYS

We are also asking for help to support Camp Simcha who provide new, wipeable toys to seriously ill children in over 120 hospital wards and hospices throughout London, Hertfordshire, Essex and Manchester. They are short of toys which are suitable for babies and also teenagers, so these are particularly appreciated.



CRANBROOK UNITED SYNAGOGUE BRINGS YOU THE

CHANUKAH KIDS DISCO

For Primary School Ages

glow in the dark party!

DJ! FOOD! CANDLE LIGHTING! FUN!

SUNDAY 28TH NOVEMBER | 5.30-8PM
TICKETS £8 (INC LIGHT SUPPER)
TICKETS MUST BE PURCHASED IN ADVANCE
[HTTPS://TINYURL.COM/CHANUKAH-DISCO](https://tinyurl.com/chanukah-disco)

with **tribe** doughnuts

CRANBROOK UNITED SYNAGOGUE

ASK THE RABBI Q&A

Thank you to everyone who came to the last session. It was great to see you and discuss some interesting topics.

Join me in the Mark Lewis Hall
ON WEDNESDAY 15TH DECEMBER AT 8PM
when I'll be answering your questions

- ISRAEL
- JEWISH HISTORY
- FESTIVALS
- SHABBAT
- KASHRUT
- JEWISH CULTURE
- THE ENVIRONMENT
- MARRIAGE



Email your questions on any topic by 8pm on Sunday 12th December to **RABBI@CRANBROOKSYNAGOGUE.ORG.UK**
I look forward to seeing you!

The Chief Rabbi's Prayer for the safety of the BRITISH ARMED forces

God on high who dwells in might, the King to whom peace belongs, look down from Your holy habitation and bless the Servicemen and Women of the British Armed Forces who risk their lives for the sake of peace on Earth. Be their shelter and stronghold and let them not falter. Give them the strength and courage to thwart the plans of the enemy and end the rule of evil. May their enemies be scattered, and their foes flee before them, and may they rejoice in Your salvation. Bring them back safely to their homes, as is written: "The Lord will guard you from all harm, He will guard your life. The Lord will guard you're going and coming, now and for evermore." And may there be fulfilled for us the verse: "Nation shall not lift up sword against nation, nor shall they learn war anymore." Let all the inhabitants on Earth know that sovereignty is Yours and Your name inspires awe over all You have created – and let us say, Amen.



The poster features a large red poppy on the left and a row of military medals on the right. The central image shows a parade of soldiers in uniform carrying flags. The AJEX logo is prominently displayed in the upper left.

THE ANNUAL AJEX REMEMBRANCE PARADE & CEREMONY

SUNDAY 21ST NOVEMBER • PARADE BEGINS 2PM
CENOTAPH, WHITEHALL, LONDON SW1

This year marks 100 years since the first Jewish Veterans laid a wreath at The Cenotaph

Join us at this year's AJEX Remembrance Parade and Ceremony to mark this poignant moment. Together at this special event, we will honour and remember the thousands of Jewish Servicemen and Women who fought and served for our freedom. We are proud of their service, strength and resilience – which resonates after 18 months of the Covid Pandemic.

TO PARTICIPATE in the Parade please book your ticket now at www.ajex.org.uk
TO SUPPORT the Parade and be a spectator from outside the secure area at the Ceremony – no booking required.

Follow updates on the Social Media channels below.

WE WILL REMEMBER

Logos for AJEX, Board of Deputies of British Jews, CST, JCB, Mitzvah Day, and a menorah are shown at the bottom.

T 020 8202 2323 E ajexremembers@ajex.org.uk
[youtube.com/AJEX_JMA](https://www.youtube.com/AJEX_JMA) [facebook.com/ajexheadoffice](https://www.facebook.com/ajexheadoffice) twitter.com/AJEX_UK [instagram.com/ajex_jma](https://www.instagram.com/ajex_jma)

WE ARE PROUD THAT THIS EVENT IS A KEY PART OF MITZVAH DAY.
AJEX Charitable Foundation Registered Charity No: 1062148

Cranbrook United Synagogue, Beehive Lane, Ilford, Essex. IG1 3RT, Tel: 020-8629 2780
email: admin@cranbrooksynagogue.org.uk Website: www.cranbrooksynagogue.org.uk