



Shabbat, 16th November 2019 / 18th Cheshvan 5780

Vayera

Service Times: (Kai Lachs Barmitzvah)

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| Friday night service | 3.55pm |
| Shacharit | 9.15am |
| Mincha follows kiddush | |
| Shabbat Ends | 5.01pm |
| Ma'ariv | 5.20pm |
| Next Friday: Mincha followed by Kabbalat Shabbat takes place at 3.45pm (candle lighting before 3.48pm) | |

We wish a hearty mazal tov to **Kai Lachs** on his **Barmitzvah** and to all his family and friends.



The Lachs Family invites you to kiddush in the Mark Lewis Hall after the service to celebrate Kai's Barmitzvah.



AJEX Shabbat: We will be remembering this Shabbat those fallen Jewish soldiers who paid the ultimate sacrifice for their country for liberty and freedom from tyranny.

We are pleased to announce that Michael Goldstein, the President of the United Synagogue, will be with us on **Shabbat, 7th December**; there will be a bumper sit down kiddush in his honour. For catering purposes please book with the office: 020-8629 2780 or email: admin@cranbrooksynagogue.org.uk if you are coming.

We wish mazal tov to the following members: Adele & Julian Lewis, Rochelle & Eddie Saunders, Marsha & Martin Kay on their respective wedding anniversaries; Harvey Bick, Morris Conway (95), Ezekiel Gillis, Morris Huberman, Stephen Lee, Barney Lipman, Diana Neslen, Adam Nobel, Colin Rappoport, Rita Weiner on their respective birthdays.

Helena and Philip Helman on the engagement of their son Richard, to Hannah Moss.

Torah Reading

Sedra Synopsis

Kai Lachs

Leyning: Vayera

Sefer Bereishit: 18:1-22:24

Rabbi Steven Dansky / Kai Lachs

Artscroll p 78, Cohen/Soncino p 86, Hertz p 63

Haftorah: Kings II 4:1-37

Alex Kent

Artscroll p 1134, Cohen/Soncino p 113, Hertz p 76

If you would like to mark a birthday or Simcha, or want to commemorate a Yahrzeit, this can be done by sponsoring Cranbrook News. In the forthcoming weeks, there are many dates that are available.

The cost of sponsoring Cranbrook News is £15, or a Sunday breakfast is £45.

Please call the shul office for more information.

Children's Service: 10.50am

Weekday Services in the Freda Schaller Beit Hamidrash

Shacharit: Sunday & Public Holidays – 8.15am; Monday & Thursday – 6.50am

Tuesday, Wednesday & Friday – 7am.

Rosh Chodesh Shacharit: Monday to Friday – 6.40am; Sunday – 8am

Ma'ariv: 7.30pm – Monday, Tuesday, Wednesday & Thursday.

Sunday Breakfasts: 8th and 29th December 2019; 2nd February 2020 (sponsorship available).

Dates for the Diary

November

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| Sunday 17 th | <i>Mitzvah Day</i> |
| Sunday 17 th | <i>AJEX Parade</i> |
| Wed 20 th @ 10am | <i>Advanced Ladies Shiur</i> |
| Wed 20 th @ 2pm | <i>"The Stories you thought you knew"</i> |
| Thursday 21 st @ 6.30pm | <i>Men's Talmud Shiur</i> |
| Wed 27 th @ 10am | <i>Advanced Ladies Shiur</i> |
| Wed 27 th @ 8pm | <i>"The Stories you thought you knew"</i> |
| Thursday 28 th | <i>Rosh Chodesh Kislev</i> |
| Thursday 28 th @ 6.30pm | <i>Men's Talmud Shiur</i> |
| Friday 29 th | <i>Rosh Chodesh Kislev</i> |

December

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|-----------------------------------|---|
| Wed 4 th @ 10am | <i>Advanced Ladies Shiur</i> |
| Wed 4 th @ 2pm | <i>"The Stories you thought you knew"</i> |
| Thursday 5 th @ 6.30pm | <i>Men's Talmud Shiur</i> |
| Thursday 5 th | <i>Start saying Tal U'Matar at Ma'ariv</i> |
| Shabbat 7 th | <i>Visit by Michael Goldstein–US President.</i> |
| Sunday 8 th | <i>Bagel Breakfast</i> |
| Monday 9 th | <i>Ladies Lunch and Learn</i> |
| Sunday 15 th | <i>Super Supper Quiz</i> |
| Wednesday 18 th | <i>Ladies Night Out (Venue TBC)</i> |



We wish Long Life to everyone who is observing a Yahrzeit this week:

Millie Allen, Stephen Arbiter, Trudie Arrobus, Geoffrey Basco, Norman Bick, Rose Blitz, Eva Block, Isabel Burney, Blanche Charach, Barbara Cohen, Sidney Cohen, Leila Conn, Nigel Conway, Mildred Davies, Howard Diamond, Frank Eisen, Colin Emden, Derek Ettinger, Michael Freed, Lilian Gale, Barbara Gallant, Elena Goldstein, Sylvia Green, Arnold Green, Celia Hine, Helena Hockley, David Hoffman, Roma Ingram, Sylvia Jay, Rochelle Jay, Harry Karker, Jeanette Kaye, Joseph Kaye, Rosalind Kaye, Deanna Klein, Martin Lander, Isadore Leigh, Ivor Lethbridge, Betty Levine, Janet Lewis, Anne Lieberman, Lawrence Lipman, Francine Mandell, Helena Marco, Maureen Marcus, Marlene Mendel, Ivor Miller, Warren Mullish, David Mullish, Rose Nathan, Rev Gary Newman, Stuart Nieman, David Pinner, Stephanie Plawner, Stanley Rogoff, Evelyn Rose, Betty Rothfarb, Irving Rozansky, Sheryl Saltman, Anne Schlesinger, Morris Schwartz, Anita Sears, Alice Senk, Bert Smiler, Sheila Solomons, Brenda Stanton, Ruth Starr, Helen Syrett, Helen Tranis, Adrienne Trayman, Frances Wallace, Sasha Wershof and Jacob Winton.

Cranbrook Synagogue Education Events

All events must be pre-booked.

Contact the Shul office on 020 8629 2780

20th November (Wed)

“The Stories you thought you knew”

Discover the stories of the Bible in a completely new and interactive way! This course will change your perspective on these “stories” for life!

2pm – 3.15pm: @ Dansky Home (ladies & gentlemen both welcome)

27th November (Wed)

“The Stories you thought you knew” Repeat of 20th – 8pm @ Dansky Home

Blue Tzedakah Boxes

We would like to encourage more people to take one of the **Shul Tzedakah** boxes; they will be collected every six months.

It is a mitzvah to give tzedakah and every little helps both the Shul and our nominated charities.

A variety of charities will benefit from the money raised.

Please contact the Shul office on 020-8629 2780 or email: admin@cranbrooksynagogue.org.uk for more details.

Forthcoming stone-settings

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|-------------------------------------|---------------------|---------------|---------|
| 17th November | Alma Cassen | Waltham Abbey | 12 noon |
| Mother of Michael and Philip Cassen | | | |
| 8th December | Irene Isaacs | Waltham Abbey | 11am |
| Son Paul | | | |
| 30th December | David Brett | Waltham Abbey | 12 noon |
| Son of Allan & Lorraine Brett | | | |

**Mitzvah
Day**

17th November 2019

Cranbrook Education Committee wish to thank all those who very kindly donated items for the Homeless Shelter in Ilford. We will be taking the items to the Shelter in the coming week. Once again thank you for helping someone less fortunate than ourselves.

Tickets are now on sale for **The Super Supper Quiz** on **Sunday, 15th December**; tickets are £22 per person; please call the shul office 020-8629 2780 or email: admin@cranbrooksynagogue.org.uk to book your place.

Save the Date: Melaveh Malka - **Motzei Shabbat, 15th February 2020 @ 8pm.**

Next week's Card Making evening on **Tuesday, 19th November** has had to be cancelled, it will be re-arranged at a later date in 2020.

News and Views



This week's parasha tells us that Hashem remembered Sarah, and gave her a child, Yitschak, the second of our forefathers. On this, the medrash quotes a verse from Bamidbar: "Man is unlike G-d to disappoint, or like man to be comforted, because man says things and doesn't do them". These words, uttered by Bilaam when he attempts to curse the Jewish people, talks about the fact that we need to have perfect faith in G-d – if He says he is going to do something, He will do it.

Yet this statement begs the question – what sort of G-d would He be if G-d didn't say that he would do what he promises to do? Obviously, G-d would keep his promise to Sarah and give her a child. Part of our belief in G-d is that he is completely perfect, that he won't forget things. Memory is a human thing – it's because we are humans that we are fallible. G-d however, does not have this failing.

It is clear that G-d remembering is far more than just a memory. It is a statement of relationship. This is the principle idea here – G-d didn't remember Sarah – he showed his personal care and love for her by giving her a child – he showed there was a personal relationship between them.

It is for this reason that we read this reading on first day Rosh Hashanah – G-d showed that he had a personal relationship with Sarah, by giving her a child. It is our fervent wish that G-d shows us that same personal relationship and love as he did to Sarah.

Let's take it one step further. The word used to remember is "Pakad", which means a deposit. If you had something valuable that you wanted someone else to keep, you wouldn't give it to an untrustworthy person. You give it to someone you trust.

G-d gives Sarah a Pikadon – a deposit of a son to Sarah, and shows her how much he believes in her, by entrusting her with a child. He trusted her to raise a child worthy to continue the lineage of Abraham, and this she does, bringing up an Isaac, who is so special, he is compared to a sacrifice which is completely holy to G-d.

It is no coincidence that we say in ADON OLAM: "into your hands, I **appoint** my spirit when I sleep and when I wake". The word for appoint is "Afkid", the future form of "Pakad". We entrust our soul in G-d's safe hands when we sleep. In exchange, the Master of the world entrusts us with His spirit which he infuses into every single one of us, he entrusts us to use that soul in the best possible way, by connecting to the spiritual, and transforming that which is physical and giving it spiritual meaning. Let us ensure the sanctity of this relationship and prove true G-d's trust in us in this way. If we do, there is no doubt we will be remembered by G-d whenever we call out to Him.



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