



**Shabbat, 23<sup>rd</sup> October 2022 / 17<sup>th</sup> Cheshvan 5782**

**Vayera**

**Service Times**

Friday night service	5.35 pm
Candle lighting for Friday night	5.38 pm
Shacharit	9.30 am

**No Mincha or Ma'ariv service:** Shabbat Ends at 6.39 pm

Next Week: Mincha followed by Kabbalat Shabbat at **5.20pm**. (candle lighting at 5.24pm)

Booking is now open for [Kabbalat Shabbat](#) on **Friday, 29<sup>th</sup> October** at **5.20pm** and for [Shabbat Chayei Sara](#) on **30<sup>th</sup> October** at **9.30am**.

**Bookings will close at 6pm on Wednesday, 27<sup>th</sup> October.**

We are open for **Shacharit** services, On **Sunday** at **8.15am**, **Monday & Thursday** at **7.05am**, **Tuesday, Wednesday and Friday** at **7.15am**.

We are open for **Ma'ariv** on **Monday - Thursday** at **7.30pm**.

To book your place please **e-mail** or call Robin on 07956 617669.

Mincha takes place daily on Monday to Thursday at Chabad Gants Hill at 1.30pm.

Maureen & Maurice Hart & Lorraine & Raymond Duskwick on their respective wedding anniversaries

Alan Burns, Betty Jacobs, Lilly Lee, David Michaels and Adrienne Trayman on their respective birthdays.



**Torah Reading**

Leyning: Vayera

Sefer Bereishit: 18:1-22:24

Artscroll p 78, Cohen/Soncino p 86, Hertz p 63

Haftarah: Kings II 4:1-37

Artscroll p 1134, Cohen/Soncino p 113, Hertz p 76

**Rabbi Steven Dansky**

**Alex Kent**

***This week's Cranbrook News is kindly sponsored by Rose Blitz in loving memory of her father, Simon Eisen, Shimon ben Yeshua z"l.***

**Children's Service:** 10.30am

**Regular Weekday Services in the Main Synagogue**

**Shacharit:** Sunday & Public Holidays – 8.15am

**Shacharit:** Monday and Thursday at 7.05am

Tuesday, Wednesday, and Friday at 7.15am

**Rosh Chodesh Shacharit:** Monday to Friday at 7am; Sunday at 8am

**Ma'ariv:** Monday, Tuesday, Wednesday & Thursday at 7.30pm.

### Dates for the Diary

#### October

Monday 25<sup>th</sup>

*Men's Virtual Happy Hour*

Tuesday 26<sup>th</sup>

*Coffee & Chat with Rev Newman*

*Music Extravaganza @ 8pm*

Wednesday 27<sup>th</sup>

*Rabbi Shiur @ 10am*

Thursday 28<sup>th</sup>

*Ladies Tea & Chat*

Shabbat 30<sup>th</sup>

*Mevarachim HaChodesh*

Sunday 31<sup>st</sup>

*Clocks go back 1 hour at 2am*

#### November

Monday 1<sup>st</sup>

*Men's Virtual Happy Hour*

Tuesday 2<sup>nd</sup>

*Coffee & Chat with Rev Newman*

Wednesday 3<sup>rd</sup>

*Rabbi Shiur @ 10am*

Thursday 4<sup>th</sup>

*Ladies Tea & Chat*

Friday 5<sup>th</sup>

*Rosh Chodesh Kislev*

Monday 8<sup>th</sup>

*Men's Virtual Happy Hour*

Tuesday 9<sup>th</sup>

*Coffee & Chat with Rev Newman*

*Music Extravaganza @ 8pm*

*If you would like to mark a birthday or Simcha, or want to commemorate a Yahrzeit, this can be done by sponsoring Cranbrook News. In the forthcoming weeks, there are many dates that are available.*

*The cost of sponsoring Cranbrook News is £15.*

### Covid still remains a Major Health Risk

**\*MASKS MUST BE WORN WHILST IN SHUL\***

**SANITISE YOUR HANDS FREQUENTLY**

**PLEASE LEAVE 1 SEAT BETWEEN EACH PERSON**

- **Keep building well ventilated even in winter**
- **Avoid hand shaking or contact greeting**
- **Cloakrooms remain closed, keep belongings with you**
- **Ladies Exit and Enter using main stairs keep left**

For Security, please vacate forecourt as soon as possible.

Stay Safe

### We wish Long Life to everyone who is observing a Yahrzeit this week:

Cissie Ackerman, Millie Allen, Stephen Arbiter, Geoffrey Basco, Norman Bick, Rose Blitz, David Bresh, Isabel Burney, Blanche Charach, Barbara Cohen, Sidney Cohen, Nigel Conway, Mildred Davies, Howard Diamond, Frank Eisen, Colin Emden, Derek Ettinger, Susan Faber, Barbara Gallant, Elena Goldstein, Alan Golstein, Eunice Green, Saul Green, Sylvia Green, Celia Hine, Helena Hockley, David Hoffman, Sylvia Jay, Rochelle Jay, Harry Karker, Jeanette Kaye, Joseph Kaye, Rosalind Kaye, Leslie Kingsley, Deanna Klein, Martin Lander, Isadore Leigh, Betty Levine, Janet Lewis, Helena Marco, Maureen Marcus, Ivor Miller, Anthony Mitchell, Warren Mullish, David Mullish, Rose Nathan, Stuart Nieman, Stanley Rogoff, Evelyn Rose, Betty Rothfarb, Irving Rozansky, Anne Schlesinger, Alice Senk, Laura Shone, Bert Smiler, Brenda Stanton, Ruth Starr, Cyril Stitcher, Helen Syrett, Helen Tranis, Adrienne Trayman and Frances Wallace.

**ONLINE**

# MUSIC APPRECIATION EXTRAVAGANZA

**TUESDAY 26TH OCTOBER**

**8.00PM - 9.30PM**

## AUTUMN

Hosted by: **STEPHEN COLMAN & TONY KAYE**

Different Theme each time  
Email Stephen with your suggestions  
[src2008A@gmail.com](mailto:src2008A@gmail.com)

Queries to Robin Abrahams - 07956617669  
Zoom: <https://tinyurl.com/musicextravaganza>  
ID: 823 7234 9872 Passcode: 157750



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**OUR COMMUNITY ARE PROUD TO BE SUPPORTING TWO CHARITIES**

# Mitzvah Day

**21st November 2021**

Drop your dry non-perishable kosher foods (as per The Really Jewish Food Guide) and wipeable new toys (NOT soft toys or teddies) to the Shul Office during the times below.

**MON-THURS 10AM-2PM**  
**FRI 10AM-12PM**  
**OR**  
**SUNDAY 21ST NOVEMBER**  
**10AM- 12PM**

Please help us in supporting GIFT who provide dry, non-perishable, kosher foods in their food banks for people in need. Currently their food stocks are extremely low and they need our help.

**Buy One GIFT One**

PLEASE PURCHASE EXTRA ITEMS FOR THOSE IN NEED

- Tins
- Pasta
- Consoues
- Rice
- Pulses
- Toiletries
- Tuna
- Small Cereals
- Spreads
- Crackers
- Tea & Coffee
- Cleaning Products

GIFT supports over 1000 people with weekly support parcels

**NO PERISHABLE ITEMS**  
THANK YOU FOR YOUR SUPPORT!

[www.gift.org](http://www.gift.org)

If you have any questions, don't hesitate to contact us. We would love to receive as many items as possible.

- 020 8629 2780
- admin@cranbrooksynagogue.org.uk
- cranbrooksynagogue.org.uk
- @CranbrookShul
- Cranbrook United Synagogue

**CAMP SIMCHA TOY DRIVE**

**HEROES FLY  
HEROES SAVE  
HEROES COLLECT TOYS**

We are also asking for help to support Camp Simcha who provide new, wipeable toys to seriously ill children in over 120 hospital wards and hospices throughout London, Hertfordshire, Essex and Manchester. They are short of toys which are suitable for babies and also teenagers, so these are particularly appreciated.




CRANBROOK UNITED SYNAGOGUE BRINGS YOU THE

# CHANUKAH KIDS DISCO

*glow in the dark party!*

For Primary School Ages

**DJ! FOOD! CANDLE LIGHTING! FUN!**

**SUNDAY 28TH NOVEMBER | 5.30-8PM**  
**TICKETS £8 (INC LIGHT SUPPER)**  
**TICKETS MUST BE PURCHASED IN ADVANCE**  
[HTTPS://TINYURL.COM/CHANUKAH-DISCO](https://tinyurl.com/chanukah-disco)



tribe Chippwell & Hainault Cranbrook United Synagogue

# GLOW IN THE DARK

## BE A LIGHT

**SUN, 31 OCTOBER '21**  
**5:00-7:30PM**  
**FOR AGES 5-12 YEARS**

MAGIC & WORKSHOP WITH

# SACHA!

SAFE, EXCITING & FUN  
WOODFORD FOREST SHUL

**£7.50 PER CHILD**  
INCLUDES MEAT SUPPER  
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BOOK AT [WWW.WFUS.ORG.UK/BOOKINGS](http://WWW.WFUS.ORG.UK/BOOKINGS)

**AS WE ARE JEWISH & PROUD,  
IT WILL BE AN UNHALLOWEEN PARTY!**

## ***The Torah says what? - Lot's wife turned into a pillar of Salt***

In this week's Torah portion, we are told how Lot, his wife and family are saved by angels from the destruction of Sodom. The people of Sodom are described as being "Very evil and bad to G-d" and because of their lack of hospitality and care for those who came to visit them, they are destroyed.

While they are escaping from Sodom, the angels tell Lot and his family not to look behind them to see the destruction of the city. Lot's wife can't resist, turns and looks. The Torah then tells us that she became a pillar of salt (Genesis 19:26). This verse has been made very famous by tour guides in Israel who, when showing their guests a very large pillar of salt in the Dead Sea region proudly state that this pillar is Lot's wife, completely immobile in salt for all the ages.



Whether that one pillar of salt is or is not Lot's wife is arguable, but the Torah's description of what happened to her is not. However, we need to ask ourselves - why did G-d punish her in such a way? Why did he transform her into a pillar of salt of all things?

Rashi explains as follows:

*By salt had she sinned and by salt was she punished. Lot said to her once: "Give a little salt to these strangers" and she answered him, "Do you mean to introduce this bad custom, also, into our city?"*

According to Rashi's explanation, she didn't want to offer the strangers salt and therefore she was punished by becoming a pillar of salt. Further, she sinned by repudiating kindness to strangers, calling it a "bad custom". She also called Sodom "our city" that she identified not only with the city, but with its values as well, making her essentially one of them. It would therefore seem that she wasn't saved from the destruction of Sodom in her merit, but rather in the merit of her husband. However, when she looked back longingly on a culture and people who hated to give to one another she no longer had his merit, and she became one of them. Just as they were destroyed, so too she was destroyed.



The nature of salt is that it draws out blood. It is used in the process of Melicha (salting) to ensure that any meat that is eaten contains no blood which is forbidden for us to eat. Perhaps we could extend this idea to Lot. She was turned into a pillar of salt, symbolising her desire to take away from the things that she lived together with, rather than giving to it. She drew the things she needed into herself, without giving anything to anyone else. It is therefore fitting that she became a pillar of salt - a symbol of something that takes but never gives.

I wish you all a good Shabbos

Rabbi Steven, Siobhan, Maya, and Talia Dansky.

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