



Shabbat, 16th October 2022 / 10th Cheshvan 5782
Lech Lecha

Service Times

Friday night service	5.50 pm
Candle lighting for Friday night	5.53 pm
Shacharit	9.30 am

No Mincha or Ma'ariv service: Shabbat Ends at 6.52 pm

Next Week: Mincha followed by Kabbalat Shabbat at **5.35pm**. (candle lighting at 5.38pm)



Booking is now open for [Kabbalat Shabbat](#) on **Friday, 22nd October** at **5.35pm** and for [Shabbat Vayera](#) on **23rd October** at 9.30am.

Bookings will close at 6pm on Wednesday, 20th October.

We are open for **Shacharit** services, On **Sunday 17th** at 8.15am, **Monday 18th & Thursday 21st** at 7.05am, **Tuesday 19th, Wednesday 20th and Friday 22nd** at 7.15am.

We are open for **Ma'ariv** on **Monday - Thursday** at 7.30pm.

To book your place please **e-mail** or call Robin on 07956 617669.

Mincha takes place daily on Monday to Thursday at Chabad Gants Hill at 1.30pm.

Stanley & Angela Simmons on their 50th wedding anniversary

Sidney Harris, Sidney Moss, Stuart Pessok, Leah Sholem and Aubrey Siteman on their respective birthdays.



Lisa Mina would like to thank Jeff and the caretakers for looking after a lost special item?

Torah Reading

Leyning: Lech Lecha

Sefer Bereishis: 12:1-17:27

Artscroll p 54, Cohen/Soncino p 60, Hertz p 45

Haftorah: Isaiah: 40:27-41:16

Artscroll p 1133, Cohen/Soncino p 82, Hertz p 60

Rabbi Steven Dansky

Harold Marco

This week's Cranbrook News is kindly sponsored in memory of our lovely Dad, Philip Vandermolen, Farvel Ben Yaacov z"l, who would have been 90 today. Lisa, Joanne and families.

Children's Service: 10.30am

Regular Weekday Services in the Main Synagogue

Shacharit: Sunday & Public Holidays – 8.15am

Shacharit: Monday and Thursday at 7.05am

Tuesday, Wednesday, and Friday at 7.15am

Rosh Chodesh Shacharit: Monday to Friday at 7am; Sunday at 8am

Ma'ariv: Monday, Tuesday, Wednesday & Thursday at 7.30pm.

Dates for the Diary

Covid still remains a Major Health Risk

October

Monday 18 th	<i>Men's Virtual Happy Hour</i>
Tuesday 19 th	<i>Coffee & Chat with Rev Newman</i>
Wednesday 20 th	<i>Rabbi Shiur @ 10am</i>
Thursday 21 st	<i>Ladies Tea & Chat</i>
Monday 25 th	<i>Men's Virtual Happy Hour</i>
Tuesday 26 th	<i>Coffee & Chat with Rev Newman</i> <i>Music Extravaganza</i>
Wednesday 27 th	<i>Rabbi Shiur @ 10am</i>
Thursday 28 th	<i>Ladies Tea & Chat</i>
Shabbat 30 th	<i>Mevarachim HaChodesh</i>
Sunday 31 st	<i>Clocks go back 1 hour at 2am</i>

November

Monday 1 st	<i>Men's Virtual Happy Hour</i>
Tuesday 2 nd	<i>Coffee & Chat with Rev Newman</i>
Wednesday 3 rd	<i>Rabbi Shiur @ 10am</i>
Thursday 4 th	<i>Ladies Tea & Chat</i>

If you would like to mark a birthday or Simcha, or want to commemorate a Yahrzeit, this can be done by sponsoring Cranbrook News. In the forthcoming weeks, there are many dates that are available.

The cost of sponsoring Cranbrook News is £15.

MASKS MUST BE WORN WHILST IN SHUL

SANITISE YOUR HANDS FREQUENTLY

PLEASE LEAVE 1 SEAT BETWEEN EACH PERSON

- **Keep building well ventilated even in winter**
- **Avoid hand shaking or contact greeting**
- **Cloakrooms remain closed, keep belongings with you**
- **Ladies Exit and Enter using main stairs keep left**

For Security, please vacate forecourt as soon as possible.

Stay Safe

We wish Long Life to everyone who is observing a Yahrzeit this week:

Samuel Agasee, Audrey Allen, Millie Allen, Sandra Barnett, Frances Baum, Sidney Berman, Melanie Bernstein, Alan Bernstein, Sonia Black, Sheila Brand, Renee Bravo, Bernard Chaplin, Ivor Clements, Hetty Conway, Marian Conway, Michael Finger, Julian Gold, Ruth Gold, Lionel Goldberg, Elka Golding, Barbara Goldman, Joseph Gordon, Shelley Hart, Norma Hart, Rowland John, Sharon Kantor, Joseph Kaye, Lillian Kirsch, Rita Lebetkin, Diane Lee, Alma Levene, Lesley Levy, Michael Levy, Lilian Levy, Maureen Lewis, Anthony Lewis, Alan Lipman, Michelle Lipman, Sylvia Lixenberg, Rhona Morris, Angela Morris, Brenda Moss, Sandra Pearman, Jeffrey Pinkus, Irene Placks, Joyce Rabin, Sarah Roat, Frances Robin, Lee Russell, Patricia Russell, Jean Sanett, Tracey Sanett, Anita Sears, Leah Shamplin, Simon Shaw, Stuart Sherman, Julian Silver, Lorraine Silver, Estelle Silver, Angela Simmons, Miriam Stein, Doreen Wajchandler, Susan Wells, Melvyn Windsor and Gina Winton.



THE ANNUAL AJEX REMEMBRANCE PARADE & CEREMONY



SUNDAY 21ST NOVEMBER
PARADE BEGINS 2PM
CENOTAPH, WHITEHALL, LONDON SW1

This year marks 100 years since the first Jewish Veterans laid a wreath at The Cenotaph

Join us at this year's AJEX Remembrance Parade & Ceremony to mark this poignant moment. Together at this special event, we will honour & remember the thousands of Jewish Servicemen and Women who fought & served for our freedom.

TO PARTICIPATE in the Parade please book your ticket now at www.ajex.org.uk
TO SUPPORT the Parade and be a spectator from outside the secure area at the Ceremony – no booking required.

WE WILL REMEMBER



T 020 8202 2323 E ajexremembers@ajex.org.uk

 [youtube.com/AJEX_JMA](https://www.youtube.com/AJEX_JMA)

 [facebook.com/ajexheadoffice](https://www.facebook.com/ajexheadoffice)

 twitter.com/AJEX_UK

 [instagram.com/ajex_jma](https://www.instagram.com/ajex_jma)

WE ARE PROUD THAT THIS EVENT IS A KEY PART OF MITZVAH DAY.

AJEX Charitable Foundation Registered Charity No: 1082148



The Torah says what?

The Torah portion this week begins with G-d's command to Abraham "Go out for yourself from your land, your birthplace and your father's house and there will be blessing" (Genesis 12:1). This command from G-d to essentially exile himself from everything that he knows - his nationality, his social circle and even his family effectively alienates Abraham. Being distant from those things that connect him to home, friends and country would make him feel like an outcast to whichever land he travelled. In fact, Abraham becomes known as the "Ivri" (Genesis 14:13) literally the one who lives on the "other side" of the river Jordan, but on a deeper level Abraham is on the "other side" of the rest of society. He is not one of them - he is separate and alienated from them.



This command becomes audacious because G-d is saying that instead of such an action alienating him, it will be Abraham's making. "I will make you into a great nation, and I will bless you, and I will make your name great, and you will be a blessing to all the families of the world" (Genesis 12:2). Instead of Abraham becoming a hermit who becomes forgotten and "other", someone who is discriminated against, he will rise until his very name becomes a blessing. How is such a blessing possible?

The Malbim (1809-1979) points out that the translations of the words "Lech Lecha - Go for yourself" are incorrect. The correct translation is "Go **to** yourself". Abraham had to find himself. Until that point, Abraham had been a product of his society, of his family and their values. Abraham's views were not really his views - they were a regurgitation of the views of his peers and his family. Abraham did not know what his values were, what was important to him. He viewed the world with the lens of his forebears, rather than with his own eyes. The Almighty was giving Abraham the opportunity for Abraham to realise who he truly was, to generate his own values. Only then could Abraham truly be his own person, and it was at that moment that the gates of success, wealth and all the blessings opened to him.



Abraham doesn't live apart from the world - his knowledge of his individuality enables to see the world from a different perspective. Abraham was known for his hospitality, known for his help in overcoming despotic kings in the civil war that occurs in this Torah portion. His first move is to live between the peoples of Ay and Beit El and there "He calls in the name of G-d" (Genesis 12-8) and again the Malbim points out that his purpose there was to publicise G-d for others, and proclaim true

faith in between these two places to ensure that he could collect the people who travelled from one place to another. He is a part of the world and he influences it, with innovations only he could come up with. He is absolutely unique - on the other side of everyone and this is the source of his greatness.

I wish you all a good Shabbos

Rabbi Steven, Siobhan, Maya and Talia Dansky.

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